

In 2003 Isabel became the Administrator for GCMT and in 2006 became Secretary. She has previously trained as a holistic and sports therapist. She completed her training in 2000 and worked as a mobile therapist until 2002 until an injury prevented her from continuing as a therapist. But it did not stop her from continuing in the field as she found herself teaching others about Holistic therapy which she did at her local college. From there she was involved in the creation of an Outreach Community based Holistic Course.

Isabel supports the role and ethics of GCMT within the massage therapy profession; as the governing body, the provider of standards for massage therapies and as an information point for all of massage therapy profession.