

Susan is a certified Sport and Remedial Massage therapist since 1996 and has been teaching since 1998 at numerous colleges as well as lecturing nationally. She is currently the director of the North London School of Sports Massage and continues her work as a senior lecturer. She feels it is important to keep up with the practical side of the profession and has a clinic in North London.

Her background includes classical dance and gymnastics wherein began her interest in the area of how the body works. Eventually she went on to retrain as a nurse working in a wide range of disciplines. She came to England from Canada in 1992 and worked for a short period within the NHS. Soon afterwards she changed her career to work within the health and fitness field, working with GP's and health centres setting up programs for a wide range of clientele. After years of teaching 20+ classes a week and running health programs she wanted to integrate her medical, health and fitness background under one umbrella. Hence, she trained once more in Sport and Remedial Massage, incorporating all her experience into her treatments and the development of the North London School of Sports Massage.

Susan is passionate about the quality of training courses that are available within the UK and is on the board of the General Council Massage Therapies serving as Chair of Communications. One of GCMT 's aims is the development of high standards of practice and training within the profession.