

# Remedial Massage Therapy



Eddie Caldwell

Remedial massage has rocketed in popularity over the past five years. There are now more courses than ever before which offer the student the opportunity to learn this highly versatile technique which can be used on numerous conditions and in a variety of situations, from the confines of a treatment room to the sports field.

Fully illustrated with black and white photographs and line drawings, *Remedial Massage Therapy* takes a comprehensive look at all aspects of remedial massage. Key areas covered include:

- The History of Massage
- Different Massage Techniques Including Sports Massage
- Muscles and Joints
- Assessing and Treating the Patient
- Advertising the Practice
- A Fully Detailed Section Which Covers Specific Areas of the Body
- Treating Children
- Origins, Insertions and Actions of Muscles

*Remedial Massage Therapy* is full of useful, practical advice from one of the most experienced and respected practitioners in the UK, and will prove an extremely useful reference tool for any student or practitioner.

Eddie Caldwell, B.Ed. (Hons.), L.C.S.P. (Phys.), A.C.P., has been the Principal of the Northern Institute of Massage since 1995. Eddie qualified as a teacher of Physical Education in 1961 and gained further diplomas in Special Education at Manchester University, Sports Science at Salford College of Technology and Manipulative Therapy at the Northern Institute of Massage. The Northern Institute is accredited by the Open and Distance Learning Quality Council, and is the official training establishment for the London and Counties Society of Physiologists, established in 1919.



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